

AIMING HIGH aims to offer disabled children and young people access to social and leisure opportunities similar to those of their non-disabled peers.

To find out if you might be eligible and for more information please contact

Hollie B. at

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The Princess Royal Trust
for Carers
Network Member

Carers FIRST
Registered Charity 1085430
Registered company 4144820
(England)

Aiming High
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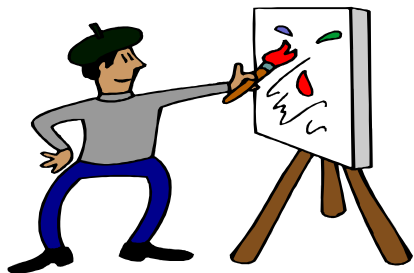
For Information Contact

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Aiming High

Short breaks provide opportunities for disabled children & young people to spend time away from their primary carers. They provide an essential opportunity for carers to recharge their batteries and allow disabled children & young people to experience new relationships, environments & positive activities.

A short break may include supported time during the day, evenings, weekends or overnight stays. It could take place at home or in the community.



Who Can Use This Service?

Aiming high supports children and young people aged 5-19 who are disabled including

- Children and young people with both ASD and other impairments.
- Children and young people with complex health needs
- Children and young people 11+ with moving and handling needs that will require equipment and adaptation
- Children and young people where challenging behaviour is associated with other impairments (e.g. severe learning difficulties)
- Young people 14+ who are severely disabled

Before accessing the service families are visited in their home and the child's and families needs discussed. If eligible for the service, a skilled worker is then matched who can appropriately support the disabled person.

Your child will input into what they want to do in their supported time when the carer gets a break from their caring role.

Examples of things they might chose

- *Play in the park*
- *Activity Days Out*
- *Swimming*
- *Supported access to social activities*
- *Supported fun at home*